



**SUSSEX COUNTY**  
**COMMITTEE FOR THE AGING / ADULTS WITH PHYSICAL DISABILITIES**  
**AGENDAS AND MINUTES**

**ADVISORY COMMITTEE ON AGING**  
**AND**  
**ADULTS WITH PHYSICAL DISABILITIES**  
**FOR SUSSEX COUNTY**

**Minutes of Meeting**

**Monday, September 19, 2011**

A meeting of the Advisory Committee on Aging and Adults with Physical Disabilities for Sussex County was held on Monday, September 19, 2011, at 10:00 a.m. at the Sussex County Administrative Complex, 22215 North DuPont Boulevard, Georgetown, Delaware. The meeting was called to order by Sally Beaumont, Chair, with the following members present:

- |                        |                               |
|------------------------|-------------------------------|
| (1) Ruth Ann Beideman  | (6) Sandy Quillin (nonvoting) |
| (2) Albert Clark       | (7) Francine Shockley         |
| (3) Vance Daniels, Sr. | (8) Anna Short                |
| (4) Raymond Moore, Sr. | (9) Fran Smith                |
| (5) James Moseley      | (10) John Williams            |

Also in attendance were Janice Moseley, AARP; Ken Bock, Deputy Director, CHEER; Jamie Magee, Alzheimer's Association – Delaware Valley Chapter; Margot Kia – resident, Georgetown CHEER Apartments; Linda Connors, Delaware Division of Substance Abuse and Mental Health; Kathy Keating, Nanticoke Memorial Hospital – FNE; and Chip Guy, Sussex County Chief of Public Information.

Ms. Beaumont announced that Strategic Plan subcommittee meetings – for Goal No. 1 and Goal No. 3 – were held prior to today's meeting at 9:00 a.m.

## **Call to Order**

At 10:00 a.m., Ms. Beaumont called the meeting to order.

## **Approval of Minutes**

Ms. Beaumont took the opportunity to thank the County's Administrative staff, namely Susan Webb and Nancy Cordrey, for the thoroughness of the meeting minutes and their overall efforts on behalf of the Committee.

A Motion was made by Mr. Moore, seconded by Mr. Williams, to approve the minutes of July 18, 2011, as distributed. Motion Adopted by Voice Vote.

## **Correspondence**

None

## **Old Business – Continued Review & Discussion of Draft Strategic Plan**

To bring everyone up-to-date, Ms. Beaumont noted that she, Anna Short, and Ruth Ann Beideman had met (April 11, 2011) with Council President Michael Vincent, County Administrator David Baker, and Chip Guy, PIO. During this meeting, it was suggested that the Committee develop a strategic plan. As a result of Ms. Short's efforts in drafting the strategic plan, Ms. Beaumont requested that she lead today's review of the plan. Ms. Short reminded members that during the July 18, 2011 meeting, the Committee discussed and revised the wording for the three Strategic Plan goals. Revised copies of the draft "Strategic Plan for 2011-2012", noting the wording changes, were distributed. The subcommittees – for Goals No. 1 and No. 3 – met today for the purpose of developing objectives and action steps. It was noted that the draft plan is a work-in-progress and will continue to evolve over the next two years.

Ms. Short reviewed the below objectives and action steps for Goal No. 3 (Develop, maintain and strengthen effective two-way communication throughout the County between elderly and disabled service consumers, service providers, and County officials):

<b>Objectives and Action Steps</b>	<b>Responsible Party</b>	<b>Timeline</b>	<b>Notes/Updates</b>
Determine where large groups of elderly & disabled Sussex Countains congregate: <ul style="list-style-type: none"><li>• make list of AARP meetings and churches in Bridgeville, Seaford, Laurel and Delmar</li><li>• make list of First State Community Action groups and churches in Lewes, Georgetown, Rehoboth, and Long Neck/Angola</li></ul>	Mr. Moseley  Mr. Williams	9/30/11  9/30/11	

<ul style="list-style-type: none"> <li>• make list of CHEER Centers and churches in Selbyville, Frankford, Millsboro, Dagsboro and Ocean View</li> <li>• make list of Food Banks and Sussex County Health Promotion Coalition, nursing homes, assisted livings, day programs &amp; individual Senior Centers</li> </ul> <p>Make list of veterans organizations, such as VFW &amp; American Legion</p>	<p>Mr. Moore</p> <p>Ms. Short</p>	<p>9/30/11</p> <p>9/30/11</p>	
<p>Determine best methods to communicate with identified groups:</p> <ul style="list-style-type: none"> <li>• Each group member will contact the groups on his/her list and tell the leader about the Advisory Committee, and ask group leader what is the best way to communicate with their elderly and disabled members</li> </ul>	<p>All Group Members</p>	<p>10/31/11</p>	
<p>Develop effective methods to communicate information to and from the identified groups based on the information provided by the group leaders</p> <ul style="list-style-type: none"> <li>• Each group member is to bring to the next meeting a list of the best way each group has identified as a method of communication</li> </ul>	<p>All Group Members</p>	<p>11/21/11</p>	

Ms. Quillen suggested the addition of veteran groups as a resource for collecting data for Goal No. 3.

Ms. Beideman reviewed the following objectives and actions steps developed for Goal No. 1 (Develop a profile of present and projected 5- and 10-year elderly and disabled population needs throughout Sussex County):

<b>Objectives and Action Steps</b>	<b>Responsible Party</b>	<b>Timeline</b>	<b>Notes/Updates</b>
Identify growth rates by age group for seniors localized within the County	Mr. Bock Ms. Beaumont	Nov. mtg.	“Gray Wave” Report; Census Data
Identify growth rates for the disabled population localized within the County	Ms. Bennett-Brown	Nov. mtg.	Center for Disabilities Studies (University of Delaware)
Identify age development growth/housing 55+ communities	Mr. Bock	Nov. mtg.	County Building Permits; School Tax Report
Grant-in-aid Senior Center survey of	Ms. Smith	Nov. mtg.	Eric Jacobson



to be included on a future Council agenda. It was determined that December 10, 2011 would be the most likely date for Ms. Beaumont's appearance before Council.

### **New Business**

1. **Proposed Committee Name Change** - Ms. Beaumont noted that discussion had been held during the July 18<sup>th</sup> meeting regarding a possible name change and focus of the Committee to include mental health issues. This name change had been suggested by Linda Connors, whose primary focus is within the mental health community. Ms. Beaumont noted that the Committee was established in 1988 and was an outgrowth of the State Division of Aging. Originally, there were three committees, one in each county, whose focus was for persons 60 and over. After the additional focus and name change by the State Division of Aging to include 'Adults with Physical Disabilities', the County's Committee on Aging underwent a name change as well. The particular section within the State Division of Aging that serves adults with physical disabilities includes individuals 18 and older, not just seniors. It was also noted by Ms. Beaumont that the Committee itself cannot change the name or focus of the Committee – through the bylaws – without first going to the Sussex County Council.

Linda Connors stated that her suggestion to include mental health issues came as a result of the question being raised at the July meeting as to ways in which the Committee could foster better attendance. Ms. Connors' suggestion was for the Committee to be more inclusive and not exclude mental health. She went on to report that cognitive/intellectual disabilities, alzheimer's, and developmental disabilities are, in fact, physical disabilities, and, as such, should be a current focus of the Committee. The addition of mental health issues would include such things as psychotic and mood disorders. Ms. Connors mentioned the La Red Health Center (locations in Georgetown and Seaford) as a resource for the Committee in dealing with mental health issues. Behavioral health services are provided by La Red and are made possible through a contract with Delaware's Division of Substance Abuse and Mental Health.

Lengthy discussion was held by the Committee as to the possible repercussions of adding another focus to include mental health issues, with several members stating their concern that a name change would lessen the intent originally proposed when the Committee was established. Concern was also expressed for the need of additional committee members with expertise in the mental health field, as well the impact to the draft Strategic Plan currently being developed. Ms. Short stated her agreement with Ms. Connors for the inclusion of mental health issues as a focus of the Committee.

Ms. Beaumont asked for Mr. Moore's opinion as to the next step to be taken. Mr. Moore referenced the bylaws, namely, "ARTICLE V, Section 1, "Amendments to these bylaws may be proposed by any voting member, in writing, to the Chairperson, who will then refer proposed changes to the Bylaws Subcommittee for its consideration and recommendation to the full Advisory Committee."

It was noted that the State Division of Aging has not undergone an additional name change, or focus, to include mental health issues.

It was the consensus of the Committee that no action be taken until a voting member of the Committee submits a request in writing to Ms. Beaumont, as per the bylaws.

2. Ms. Beaumont noted that an email had been received about the possible development of a flyer, which would give notice of the Committee's upcoming meetings. These flyers would be another tool of awareness that could be distributed by other volunteers and agencies. Ms. Short presented a draft flyer, which states, "You Are Invited! The Sussex County Advisory Committee for the Aging and Adults with Physical Disabilities is an 11-member panel established by the Sussex County Council to be an advocate for programs and policies that benefit older and disabled residents of the county. The committee meets every other month, in January, March, May, July, September and November. All meetings are open to the public. For more information, please contact Chairwoman Sally Beaumont at (email address and phone number)." The flyer would also include meeting dates, time, and locations.

For inclusion in the flyer, discussion was held as to the location of the committee's next three meetings:

- November 21, 2011 - Sussex County West Administrative  
Complex, Georgetown
- January 2012 - Nanticoke Senior Center, Seaford
- March 19, 2012 - Milton CHEER Center

(Special Note: The date for the January 2012 meeting falls on the Martin Luther King Holiday, or January 16. A change in meeting date will need to be discussed at the November meeting.)

Ms. Connors noted the lack of notice and overall awareness of Committee meetings. For the Committee's reference and information, *meeting agendas* are currently sent out to all 11 voting Committee members, as well as nonvoting Committee members David Baker (Sussex County Administrator – for inclusion in his Administrator's Report) and Sandy Quillin, Delaware Aging and Disability Resource Center; Sussex County CHEER and Senior Centers, including: Georgetown CHEER Activity Center, Milton CHEER Center, Harbour Lights CHEER Activity Center (Lewes),

Laurel Senior Center, Pelican Cove/Long Neck CHEER Center (Millsboro), Cape Henlopen Senior Center (Rehoboth Beach), Greenwood CHEER Activity Center, Indian River Senior Center (Millsboro), Lewes Senior Center, Meals on Wheels of Lewes & Rehoboth, Coastal Leisure CHEER Center (Ocean View), Nanticoke Senior Center (Seaford), Milford Senior Center, Roxana CHEER Activity Center (Frankford), Easter Seals (Georgetown), as well as other agencies, including: Senior Companion Program (Georgetown), Heritage at Milford, Methodist Manor House (Seaford), Generations Home Care (Georgetown), Adult Plus+ (DTCC - Georgetown), Sussex County RSVP (Georgetown), Harbor Healthcare (Lewes), Lifecare at Lofland Park (Seaford), Casa San Francisco (Milton), Harrison House of Georgetown, Seaford Center – Genesis Eldercare, Chancellor Care Center of Delmar, Delaware Hospice (Milford), Foster Grandparent Program (Georgetown), Home Health Services (South Bethany Beach), Evergreen Center II (Milford), Catholic Charities (Georgetown), Milford Center – Genesis Eldercare, and the CHEER Community Center (Georgetown). Meeting agendas are also sent to Patsy Bennett-Brown; Nina DeVoe, Delaware Commission for Women; Ken Bock; and Dan Chappell, Delaware Division of Services for Aging and Adults with Physical Disabilities. Press Releases for each meeting are also prepared by the County's Public Information Office and sent to the local news media. Meeting notices are also posted at the County Administrative Building, along with the County's website. *Minutes* are currently sent to members of Council; voting and nonvoting members of the Committee; Nina DeVoe; Dan Chappell; Ken Bock; and Patsy Bennett-Brown, as well as included on the County's website.

Ms. Connors, as a volunteer member of a Strategic Plan Subcommittee, will be sent future meeting agendas and minutes.

Ms. Beaumont suggested that Mr. Lawson, County Administrator Appointee, be invited to the November meeting.

### **Public Comment**

Ms. Beaumont asked that those in attendance introduce themselves, which included Patsy Bennett Brown (President of the Sussex County Chapter of the Amputee Support Group of Delaware and a member of the Governor's Advisory Council on Services for Aging and Adults with Physical Disabilities), Ken Bock (Deputy Director, CHEER), Janice Mosely (AARP, Secretary/Treasury of the Seaford Chapter), Linda Connors (Delaware Division of Substance Abuse and Mental Health), Jamie Magee (Alzheimer's Association – Delaware Valley Chapter), Margo Kia (resident, Georgetown CHEER Apartments), and Kathy Keating (Forensic Nurse Examiner/Coordinator for Nanticoke Hospital who also serves persons with disabilities who are victims of crimes, as well as serving as an appointed member of the Victims Compensation Assistance Program of Delaware), and Chip Guy (Sussex County Chief of Public Information).

## **Additional Business**

1. A “Partners in Justice: Bridging The Gaps” Conference will be held on Thursday, October 27, 2011, at the Duncan Center (500 West Loockerman Street, Dover, Delaware), 9:00 a.m. to 4:00 p.m. ‘Bridging the Gaps’ is a conference for understanding and responding to the needs of crime victims with disabilities. The conference is free and registration (by October 13) can be done online at <http://dtool.dhss.delaware.gov> (once signed on to their website, a user name and password has to be created), or you can call (302) 255-9480. Training topics include: victimization, the definition of disability, mandatory reporting and consent, and communication.
2. Free flu shots are available at Walgreens for those who have Medicare Part B.
3. Ms. Short reported that the Sussex County Health Unit will be offering walk-in flu shots for individuals with insufficient or no insurance, or for those with an inability to pay, October 15 to December 15, Monday and Tuesday mornings, 9:00 a.m. to noon. Ms. Short explained that while no one would be turned away, the Health Unit should be considered a source of last resort for those wanting a flu shot. Donations are requested.

## **Next Regular Meeting**

The next meeting of the Advisory Committee is scheduled for Monday, November 21, 2011, at 10:00 a.m. at the Sussex County West Administrative Complex, Georgetown, Delaware.

## **Adjournment**

At 11:04 a.m., a Motion was made by Ms. Smith, seconded by Mr. Moore, to adjourn. Motion Adopted by Voice Vote.

Respectfully submitted,

Anna Short, Secretary  
Sussex County Advisory Committee for the Aging  
and Adults with Physical Disabilities

AS/nc