

SALLY BEAUMONT, CHAIRPERSON  
RUTH BEIDEMAN  
JAMIE MAGEE  
JAMES MOSELEY  
PENNY ORNDORFF  
SCOTT PHILLIPS



LARRY SAVAGE  
FRANCINE SHOCKLEY  
ANNA SHORT  
FRAN SMITH  
JOHN WILLIAMS

## Advisory Committee on Aging & Adults with Physical Disabilities for Sussex County

### Minutes of Meeting

Monday, September 16, 2013

A meeting of the Advisory Committee on Aging & Adults with Physical Disabilities for Sussex County was held on Monday, September 16, 2013, at 10:00 a.m. at the Sussex County West Administrative Complex, 22215 North DuPont Boulevard, Georgetown, Delaware. The following members were present:

- |                                |                      |
|--------------------------------|----------------------|
| 1. Sally Beaumont, Chairperson | 5. Larry Savage      |
| 2. Ruth Beideman               | 6. Francine Shockley |
| 3. Jamie Magee                 | 7. Fran Smith        |
| 4. Scott Phillips              |                      |

[Ms. Beaumont noted later in the meeting that Committee members Anna Short and James Moseley advised they would be unable to attend.]

Also in attendance were Patsy Bennett-Brown, Amputee Support Group, Sussex County Chapter; Dennis Leebel, Parkinson's Education and Support Group of Sussex County; Rebecca Kibbe, Milford Senior Center; Doris Schonbrunner, Administrator, Heritage at Milford; Linda Rogers, Sussex RSVP; Kathy Hudson and Bonny King, Nanticoke Memorial Hospital; Christine Steele, Griswold Home Care; Lisa Celik, Lewes Senior Center; and Robert Corsa, Delaware Commission of Veterans Affairs/Brain Injury Association of Delaware.

### Call to Order

Ms. Beaumont called the meeting to order and welcomed everyone on behalf of the Advisory Committee.

### Approval of Minutes

A Motion was made by Fran Smith, seconded by Jamie Magee, to approve the minutes of July 15, 2013, as distributed. Motion Adopted by Voice Vote.

A Motion was made by Ruth Beideman, seconded by Jamie Magee, to approve the minutes of the Special Conference Planning meeting of August 7, 2013, as distributed. Motion Adopted by Voice Vote.

A Motion was made by Ruth Beideman, seconded by Francine Shockley, to approve the minutes of the Special Conference Planning meeting of August 22, 2013, as distributed. Motion Adopted by Voice Vote.

### Correspondence

E-MAIL FROM MARY PETERS, 36344 RIDGESHORE LANE, MILLVILLE, DELAWARE.  
RE: Requesting that any information provided at the October 9 *Live Conference* regarding home health care be forwarded to her, as she will be unable to attend the conference.

### Old Business

#### 1. October 9 *Live Conference*: **Live Healthy...Live Active...Live at Home**

- Ms. Beaumont reviewed a draft of the conference program, providing copies for everyone to critique. Minor revisions were made with regard to punctuation, spelling, bold print, and the insertion of LIVE HEALTHY adjacent to 11:00 – 12:00.
- The registration table will be manned by Fran Smith, Francine Shockley, and Patsy Brown.
- To date, 62 people are registered for the conference, excluding presenters.
- Emphasis was placed on the need to get conference info out to as many individuals/agencies as possible to increase attendance. Thus far, mailings have gone out from the Delaware Division of Aging, Sussex RSVP, DHSS, and the State Council on Physical Disabilities. Chip Guy, Sussex County Communications Director, will be handling the press release to the media, the urgency of getting the release out as soon as possible being noted. Information was also disbursed through the MAPS (Marketing & Admissions Professionals) network for Kent and Sussex County. If anyone can think of other ways to inform the public about the conference, they are encouraged to do so.
- Robert Corsa was recognized, stating he serves on the Delaware Commission of Veterans Affairs and is also involved with the Brain Injury Association of Delaware. Mr. Corsa volunteered to coordinate with said agencies to make sure their members are aware of the conference.

Mr. Corsa advised he is very involved with traumatic brain injuries (TBIs) as a spokesperson, survivor, and parent of a child with a quiet brain injury. He stated that traumatic brain injury is at an epidemic state in this country, not only with veterans, but over 1,000,000 people a year receive traumatic brain injuries. Mr. Corsa offered to speak at a future meeting of the Advisory Committee regarding this issue.

- Patsy Brown suggested that maybe an announcement regarding *The Live Conference* could be made from the Rehoboth Beach Bandstand during CHEER's Beach Day

scheduled for Friday, September 20. Jamie Magee stated she will be attending Beach Day and is planning to have the conference flyer, agenda, and registration forms available for anyone who would like to sign up. It was also mentioned that possibly this information could be included with everyone's box lunch attending Beach Day on September 20. Randy Nelson, CHEER Home Services Program Director, will be contacted to see if this is an option.

- Back to the conference program, Linda Rogers noted that normally any event sponsored by the State must include the State logo. Although State co-sponsorship is acknowledged on the back of the program, the logo is missing. Ms. Beaumont advised the State logo is on everything else—the website, the flyer—and deferred to Scott Phillips as to the program design. Scott Phillips will work with Ken Bock, Deputy Director, CHEER, to include the Delaware Aging & Disability Resource Center logo somewhere on the program, preferably on the front.
- Ms. Beaumont presented a white vinyl banner with red and blue lettering that was purchased for the conference which reads “***The Live Conference: Live Healthy...Live Active...Live At Home.***” The banner will be displayed on stage at the conference.
- It was recommended that WBOC-TV be contacted as another means of publicizing the conference.
- Christine Steele gave a report on the status of exhibitor registrations. At this point, verbal confirmations have been received from 24 exhibitors. The registration for Nanticoke Hospital was clarified to reflect that the FNE (Forensic Nurse Examiner) Program and Trauma will be sharing a table. It was agreed that since room will more than likely be available, the three agencies currently on the waiting list will be contacted and added to the exhibitors list, as well as the Delaware Commission of Veterans Affairs if they wish to be included.

If attendance figures are lower than expected, additional space will be available for exhibitors, the concern being that enough people are present to make it worthwhile for the exhibitors. Ultimate decisions regarding layout of the floor plan cannot be made until there is a final count of exhibitors and persons attending. It was noted that sufficient room should be available to allow those with wheelchairs and walkers to navigate.

- Information regarding the Advisory Committee and its mission will be available at the registration table.
- With exhibitors often handing out bags at events such as this, it was the consensus that the Advisory Committee will not do bags. Blue pocket folders will be provided for attendees with a label on front identifying the conference and depicting the County and State seal/logo. Each folder will contain the program, six to ten index cards, and a pen for writing questions to be presented to speakers/panelists. Approximately six runners will be on hand to collect the cards and turn them in for response.

- Ms. Beaumont will touch base with the Delaware Aging Network to see if they would be willing to place the conference flyer on their network.
  - Patsy Brown offered to contact the Methodist Conference to include the conference information on their website as well. Ms. Beaumont will also get in touch with LRAC (Lewes-Rehoboth Area Churches), which is a group of approximately 24 churches, about using whatever avenues they have available to spread the word about the conference.
  - Ruth Beideman volunteered to draft an evaluation form to be filled out by conference participants.
  - Conference Planning Committee members will meet at the CHEER Community Center on October 8 to finalize the floor plan layout and any other outstanding issues.
  - Tickets will be available at the door, although not encouraged due to providing an accurate count for breakfast/lunch for the caterer.
  - Confirmation letters to exhibitors regarding set-up time, etc., will be handled by Ms. Beaumont.
  - Ms. Beaumont advised she will be appearing before the Sussex County Council on Tuesday, September 24, at 10:00 a.m. with an update on *The Live Conference* if anyone is interested in attending.
2. Discussion pertaining to the Committee's 2013-2014 Strategic Plan was deferred.

### New Business

Meeting dates, speakers, and venues for the next three meetings of the Advisory Committee were discussed. The following schedule was agreed upon by the Committee:

◆ **Monday, November 18, 2013**

Heritage at Milford Senior Living, 500 South DuPont Boulevard, Milford

10:00 a.m.

Guest Speaker: Robert P. Corsa, Delaware Commission of Veterans Affairs/Brain Injury Association of Delaware

◆ **Monday, January 27, 2014**

Sussex County West Administrative Complex, 22215 North DuPont Boulevard, Georgetown

10:00 a.m.

Guest Speaker: Dennis Leebel, Parkinson's Education and Support Group of Sussex County

◆ **Monday, March 17, 2014**

Lewes Senior Center, 32083 Janice Road, Lewes

10:00 a.m.

Guest Speaker: To Be Announced

### **Public Comment**

Ms. Beaumont recognized the following members of the audience for public comment:

- Linda Rogers, Sussex RSVP, stated they are participating in the “Stockings For Soldiers” program. The program was founded to help improve the morale and welfare of members of the armed forces of the United States deployed in harms’ way. Holiday stockings, many of which are personalized, are sewn and filled with special items (listing of suggested donation items attached) to remind the troops that their service is appreciated and they have not been forgotten over the holidays. Collection boxes will be available in various locations throughout Sussex County from September 11 through October 4.
- Dennis Leebel advised that in late October the Parkinson’s group will be hosting a presenter from Tucson, Arizona, who has developed new therapy and exercise techniques for people with Parkinson’s. A four-day program will be held at the Stockley Center in Millsboro—two days for therapists and two days for fitness trainers. Therapists and trainers from all over Delmarva will be invited to take part in the training.
- Robert Corsa reminded everyone that Friday, September 20, is POW/MIA Remembrance Day, and asked that everyone take a moment to reflect on that day.
- Patsy Brown stated she will be attending a meeting of the Elderly and Disabled Transit Advisory Committee (EDTAC) on Wednesday, September 18. EDTAC meets regularly regarding paratransit plans and issues impacting disabled riders and the public. Anyone having an issue with transportation, pick-up locations not being accessible, etc., is encouraged to let her know.
- Kathy Hudson mentioned that October is Domestic Violence Awareness Month.

### **Additional Business**

Jamie Magee announced the following upcoming events being sponsored by the Alzheimer’s Association:

- September is World Alzheimer’s Month, and September 21 is World Alzheimer’s Day, during which everyone is asked to wear forget-me-not purple.
- A conference will be held at Dover Downs Hotel & Conference Center, 1131 North DuPont Highway in Dover on Wednesday, November 13, from 8:00 a.m. to 4:30 p.m. featuring keynote presenter Anna Ortigara. This 2013 Annual Delaware Dementia Conference is entitled “Engage In Care.” Brochures were available for anybody interested.

- “Know the 10 Signs...Early Detection Matters” workshops are being held on Monday, September 16, and Wednesday, September 18, at the Greenwood VFW and Laurel Public Library, respectively, from 6:00 to 7:30 p.m. each night.
- A full-day Caregiver Educational Workshop is being held on Wednesday, October 23, from 8:30 a.m. to 4:30 p.m. at Cadia Renaissance, 26002 John J. Williams Highway in Millsboro. Topics of discussion will include: The Basics – Dr. Lawrence Kemp; Legal & Financial – Amber B. Woodland, Esq.; Behaviors & Communication – Ruth Pryor; and Hospice Care – Al Morris, Delaware Hospice. This free educational program is designed to help caregivers and family members of individuals with Alzheimer’s and related dementia cope with the care needs of their impaired loved one. Flyers were provided for anyone interested. Pre-registration is required.

**Next Meeting**

The next meeting of the Advisory Committee will be held on November 18, 2013, at 10:00 a.m. at **HERITAGE AT MILFORD SENIOR LIVING, 500 SOUTH DuPONT BOULEVARD, MILFORD, DELAWARE.**

**Adjournment**

A Motion was made by Fran Smith, seconded by Francine Shockley, to adjourn at 11:45 a.m. Motion Adopted by Voice Vote.

Respectfully submitted,



(for) Anna Short, Secretary

Advisory Committee on Aging & Adults  
with Physical Disabilities for Sussex County



## Suggested Donations Items

- Small Candy – mini candy bars & Christmas, Halloween Candy
- Granola/Fruit/Breakfast bars
- Cookies/Nuts/Pretzels/Trail Mix - Less than 12 oz. size
- Flavored Drink Mix (single packets)
  - lemonade, teas, hot cocoa, coffee
- Chewing Gum
- Fruit roll-ups/gushers/cracker jacks
- Slim Jims/beef or jerky
- Ramen Noodle Soup - single packets preferred
- Small Individually packaged meals - tuna/lasagna/beefaroni/fruit
- DVD Movies
- Music CDs
- Hand/Foot Warmers/Fly Swatters
- Toothbrushes
- Socks – (any color crew socks)
- Toiletries & Lotions (small packages)
- Chapstick & Lip balm
- Razors (individuals or packages)
- Tooth paste, foot powder, sun block
- Paperback books (no romance novels)
- Pocket games & puzzles
- Crossword & Sudoku
- Beanie Babies
- Phone cards (AT&T)
- Disposable Cameras